

Speedway Nutrition and Ingredients

Frozen Specialties



Frozen Specialties		Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D %	Calcium %	Iron %	Potassium %
Black Cherry Refresher	16 oz	180	0	0	0		20	46		44		0	0	0	0	0
	24 oz	270	0	0	0		30	69		66		0	0	2	0	0
	32 oz	360	0	0	0		40	92		88		0	0	2	0	0
French Vanilla Frappe	16 oz	460	18	16	0		360	76		58		2	0	4	0	0
	24 oz	690	27	24	0		540	114		87		3	0	4	0	0
	32 oz	920	36	32	0		720	152		116		4	0	6	0	0
Mango Refresher	16 oz	240	0	0	0		30	62		62		0	0	0	0	0
	24 oz	360	0	0	0		45	93		93		0	0	2	0	0
	32 oz	480	0	0	0		60	124		124		0	0	2	0	0
Mocha Frappe	16 oz	500	20	18	0		460	80		62		2	0	4	0	0
	24 oz	750	30	27	0		690	120		93		3	0	4	0	0
	32 oz	1000	40	36	0		920	160		124		4	0	6	0	0
Pina Colada Refresher	16 oz	360	0	0	0		40	90		90		0	0	0	0	0
	24 oz	540	0	0	0		60	135		135		0	0	2	0	0
	32 oz	720	0	0	0		80	180		180		0	0	2	0	0
Pink Lemonade Refresher	16 oz	360	0	0	0		30	92		90		0	0	0	0	0
	24 oz	540	0	0	0		45	138		135		0	0	2	0	0
	32 oz	720	0	0	0		60	184		180		0	0	2	0	0
Strawberry Refresher	16 oz	260	0	0	0		30	66		66		0	0	0	0	0
	24 oz	390	0	0	0		45	99		99		0	0	2	0	0
	32 oz	520	0	0	0		60	132		132		0	0	2	0	0
Sweet Tea Refresher	16 oz	320	0	0	0		50	84		84		0	0	0	0	0
	24 oz	480	0	0	0		75	126		126		0	0	2	0	0
	32 oz	640	0	0	0		100	168		168		0	0	2	0	0

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Additional information available upon request. Item or flavor selection may vary by store.

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### Black Cherry Refresher

Filtered Water, High Fructose Corn Syrup, Water, Corn Syrup, Citric Acid, Natural and Artificial Flavors, Potassium Sorbate and Sodium Benzoate (Preservatives), Propylene Glycol, FD&C Red 40, FD&C Blue 1.

### French Vanilla Frappe

Water, Sugar, Corn Syrup Solids, Coconut Oil, Coffee Extract, Sodium Caseinate (From Milk), Dipotassium Phosphate, Mono- & Diglycerides, Datem, Sodium Tripolyphosphate, Disodium Phosphate, Starch, Natural & Artificial Flavor, Sodium Citrate, Carrageenan, Sodium Phosphate, Soy Lecithin (From Soybeans).  
**CONTAINS: Milk, Soy**

### Mango Refresher

Filtered Water, High Fructose Corn Syrup, Mango Pulp, Liquid Cane Sugar, Citric Acid, Propylene Glycol, Purity Gum, Xanthan Gum, Ascorbic Acid, Titanium Dioxide, Sodium Benzoate (Preservative), Natural and Artificial Flavors, Sodium Propionate, Potassium Sorbate (Preservative), Silicone Dioxide (Antifoaming Agent), FD&C Yellow #5

### Mocha Frappe

Water, Sugar, Corn Syrup Solids, Coconut Oil, Coffee Extract, Sodium Caseinate (From Milk), Dipotassium Phosphate, Disodium Phosphate, Mono- & Diglycerides, Datem, Starch, Sodium Tripolyphosphate, Natural & Artificial Flavor, Sodium Citrate, Carrageenan, Sodium Phosphate, Soy Lecithin (From Soybeans), Caramel Color. **CONTAINS: Milk, Soy**

### Pina Colada Refresher

Filtered Water, High Fructose Corn Syrup, Pineapple Juice Concentrate, granulated Sugar, Citric Acid, Propylene Glycol, Natural and Artificial Flavors, Xanthan Gum, Purity Gum, Ascorbic Acid, Titanium Dioxide, Sodium Benzoate (Preservative), Potassium Sorbate (Preservative), Sodium Propionate, Silicone Dioxide (Antifoaming Agent), FD&C Yellow #5, FD&C Yellow #6

### Pink Lemonade Refresher

Filtered Water, High Fructose Corn Syrup, Citric Acid, Ascorbic Acid, Natural Flavors, Sodium Benzoate (Preservative), Potassium Sorbate (Preservative), FD&C Red #40

### Strawberry Refresher

Filtered Water, High Fructose Corn Syrup, Liquid Cane Sugar, Strawberry Puree, Malic Acid, Propylene Glycol, Natural and Artificial Flavors, Xanthan Gum, Ascorbic Acid, Sodium Propionate, Sodium Benzoate (Preservative), Potassium Sorbate (Preservative) FD&C Red #40

### Sweet Tea Refresher

Pure Cane Sugar, Filtered Water, Black Tea Extract, Phosphoric Acid, Sodium Benzoate, Potassium Sorbate, Caramel Color, Sodium Propionate.