

Speedway Nutrition and Ingredients

Slurpee® Drinks



Slurpee® Drinks		Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D %	Calcium %	Iron %	Potassium %
Ale 8	Small	100	0	0	0		25	25	25			0	0	0	0	0
	Medium	220	0	0	0		55	55	55			0	0	0	0	0
	Large	300	0	0	0		75	75	75			0	0	0	0	0
	Extra Large	400	0	0	0		100	100	100			0	0	0	0	0
	Double XL	520	0	0	0		130	130	130			0	0	0	0	0
Coca-Cola	Small	100	0	0	0	0	10	27	0	27		0				
	Medium	180	0	0	0		20	49		49		0	0	0	0	0
	Large	240	0	0	0		25	67		67		0	0	0	0	0
	Extra Large	320	0	0	0		35	89		89		0	0	0	0	0
	Double XL	420	0	0	0		45	115		115		0	0	0	0	0
Blue Raspberry	Small	90	0	0	0	0	0	23	0	22		0				
	Medium	320	0	0	0		40	85		85	85	0	0	2	0	0
	Large	440	0	0	0		55	115		115	115	0	0	2	0	0
	Extra Large	590	0	0	0		75	154		154	154	0	0	2	0	0
	Double XL	760	0	0	0		95	200		200	200	0	0	2	0	0
Fanta Cherry	Small	100	0	0	0	0	45	26	0	26		0				
	Medium	180	0	0	0		85	48		48		0	0	0	0	0
	Large	240	0	0	0		120	65		65		0	0	0	0	0
	Extra Large	320	0	0	0		160	87		86		0	0	0	0	0
	Double XL	420	0	0	0		200	113		112		0	0	0	0	0
Mountain Dew	Small	160	0	0	0		55	44		44		0	0	0	0	0
	Medium	220	0	0	0		75	60		60		0	0	0	0	0
	Large	300	0	0	0		100	80		80		0	0	0	0	0
	Extra Large	390	0	0	0		130	104		104		0	0	0	0	0
	Double XL	380	0	0	0		130	106		102		0	0	0	0	0
Faygo Orange Crème	Small	90	0	0	0	0	5	24	0	23		0				
	Medium	160	0	0	0		40	47		47		0	0	0	0	0
	Large	220	0	0	0		55	64		64		0	0	0	0	0
	Extra Large	300	0	0	0		75	85		85		0	0	0	0	0
	Double XL	390	0	0	0		100	110		110		0	0	0	0	0

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Sprite	Small	73	0	0	0		18	20		20		0	0	0	0	0
	Medium	160	0	0	0		40	44		44		0	0	0	0	0
	Large	220	0	0	0		55	59		59		0	0	0	0	0
	Extra Large	300	0	0	0		75	79		79		0	0	0	0	0
	Double XL	390	0	0	0		100	103		103		0	0	0	0	0
Dr. Pepper	Small	100					25	28		27						
	Medium	160					40	47		44						
	Large	240					65	70		67						
	Extra Large	320					85	93		89						
	Double XL	420					105	119		115						
Blueberry Lemonade	Small	90	0	0	0		0	22		22		0	0	0	0	0
	Medium	150	0	0	0		0	38		37		0	0	0	0	0
	Large	220	0	0	0		5	57		56		0	0	0	0	0
	Extra Large	290	0	0	0		10	76		74		0	0	0	0	0
	Double XL	370	0	0	0		10	97		95		0	0	0	0	0
Faygo Grape	Small	90	0	0	0		5	23		22		0	0	0	0	0
	Medium	150	0	0	0		10	38		37		0	0	0	0	0
	Large	230	0	0	0		10	58		55		0	0	0	0	0
	Extra Large	300	0	0	0		15	77		73		0	0	0	0	0
	Double XL	380	0	0	0		20	98		94		0	0	0	0	0
Horchata	Small	100	0	0	0		25	26		23		0	0	0	0	0
	Medium	160	0	0	0		40	43		38		0	0	0	0	0
	Large	240	0	0	0		65	65		58		0	0	0	0	0
	Extra Large	320	0	0	0		85	87		77		0	0	0	0	0
	Double XL	410	0	0	0		105	110		98		0	0	0	0	0
Jamaica	Small	90	0	0	0		0	23		23		0	0	0	0	0
	Medium	240	0	0	0		10	62		61		0	0	0	0	0
	Large	330	0	0	0		15	85		83		0	0	0	0	0
	Extra Large	430	0	0	0		15	113		110		0	0	0	0	0
	Double XL	560	0	0	0		20	147		143		0	0	0	0	1
Pina Colada	Small	100	0	0	0		45	27		27		0	0	0	0	0
	Medium	180	0	0	0		85	48		48		0	0	0	0	0
	Large	240	0	0	0		115	66		65		0	0	0	0	0
	Extra Large	320	0	0	0		150	88		87		0	0	0	0	0
	Double XL	420	0	0	0		200	114		113		0	0	0	0	0

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Faygo Red Pop	Small	90	0	0	0	0	22		22		0	0	0	0	0
	Medium	150	0	0	0	0	37		37		0	0	0	0	0
	Large	230	0	0	0	0	55		55		0	0	0	0	0
	Extra Large	300	0	0	0	0	73		73		0	0	0	0	0
	Double XL	380	0	0	0	0	94		94		0	0	0	0	0
Vernor's Ginger Ale	Small	80	0	0	0	25	22		21		0	0	0	0	0
	Medium	130	0	0	0	40	37		35		0	0	0	0	0
	Large	190	0	0	0	65	55		53		0	0	0	0	0
	Extra Large	250	0	0	0	85	73		70		0	0	0	0	0
	Double XL	320	0	0	0	105	94		89		0	0	0	0	0
Vitamin Water Zero Sugar Gutsy	Small	50	0	0	0	40	21		0		0	0		0	0
	Medium	0	0	0	0	0	5				0	0	8	0	0
	Large	0	0	0	0	0	7				0	0	10	0	0
	Extra Large	0	0	0	0	0	10				0	0	15	0	0
	Double XL	0	0	0	0	0	13				0	0	20	0	0
White Peach	Small	90	0	0	0	0	23		22		0	0	0	0	0
	Medium	150	0	0	0	0	38		37		0	0	0	0	0
	Large	230	0	0	0	0	58		55		0	0	0	0	0
	Extra Large	300	0	0	0	0	77		73		0	0	0	0	0
	Double XL	380	0	0	0	0	98		94		0	0	0	0	0
Banana	Small	100	0	0	0	0	50	27	0	26		0			
	Medium	160	0	0	0	0	80	45	0	43		0			
	Large	240	0	0	0	0	125	68	0	65		0			
	Extra Large	320	0	0	0	0	170	90	0	87		0			
	Double XL	410	0	0	0	0	210	115	0	111		0			
Big Red	Small	90	0	0	0	0	30	26	0	24		0			
	Medium	150	0	0	0	0	50	43	0	40		0			
	Large	230	0	0	0	0	75	65	0	60		0			
	Extra Large	300	0	0	0	0	100	87	0	80		0			
	Double XL	380	0	0	0	0	130	111	0	102		0			
Fanta Blue Raspberry Punch	Small	100	0	0	0	0	45	26	0	24		0			
	Medium	160	0	0	0	0	80	43	0	40		0			
	Large	240	0	0	0	0	120	64	0	60		0			
	Extra Large	320	0	0	0	0	160	86	0	79		0			
	Double XL	410	0	0	0	0	200	109	0	101		0			

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Cherry	Small	90	0	0	0	0	0	22	0	22		0				
	Medium	150	0	0	0	0	0	37	0	37		0				
	Large	220	0	0	0	0	0	55	0	55		0				
	Extra Large	300	0	0	0	0	0	73	0	73		0				
	Double XL	380	0	0	0	0	0	94	0	94		0				
Lemonade	Small	180	0	0	0	0	10	45	0	43		0				
	Medium	480	0	0	0		35	120		116		0	0	2	0	0
	Large	650	0	0	0		45	163		158		0	0	2	0	0
	Extra Large	870	0	0	0		60	218		211		0	0	2	0	0
	Double XL	1130	0	0	0		80	283		274		0	0	2	0	0
Mountain Dew Major Melon	Small	100	0	0	0	0	30	26	0	26		0				
	Medium	160	0	0	0	0	50	43	0	43		0				
	Large	240	0	0	0	0	75	65	0	65		0				
	Extra Large	320	0	0	0	0	100	87	0	87		0				
	Double XL	410	0	0	0	0	130	110	0	110		0				
Pineapple Whip	Small	90	0	0	0	0	0	23	0	22		0				
	Medium	290	0	0	0		20	73		73		0	0	0	0	0
	Large	400	0	0	0		25	100		100		0	0	0	0	0
	Extra Large	530	0	0	0		35	133		133		0	0	0	0	0
	Double XL	690	0	0	0		45	173		173		0	0	0	0	1
Faygo Rock and Rye	Small	90	0	0	0	0	0	22	0	22		0				
	Medium	170	0	0	0	0	0	37	0	37		0				
	Large	230	0	0	0	0	0	55	0	55		0				
	Extra Large	300	0	0	0	0	0	73	0	73		0				
	Double XL	380	0	0	0	0	0	94	0	94		0				
Vitamin Water XXX	Small	90	0	0	0	0	50	25	0	25		0				
	Medium	130	0	0	0		0	36		35		0	0	0	0	0
	Large	180	0	0	0		0	50		48		0	0	0	0	0
	Extra Large	240	0	0	0		0	66		64		0	0	0	0	0
	Double XL	310	0	0	0		0	86		83		0	0	0	0	0
Vitamin Water Zero Sugar Squeezed	Small	30	0	0	0	0	40	12	0	0		0				
	Medium	50	0	0	0	0	65	20	0	0		0				
	Large	70	0	0	0	0	95	29	0	0		0				
	Extra Large	100	0	0	0	0	130	39	0	0		0				
	Double XL	130	0	0	0	0	160	50	0	0		0				

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Mango Lemonade	Small	90	0				60	24		24		0			
	Medium	150	0				100	40		40		0			
	Large	225	0				150	60		60		0			
	Extra Large	300	0				200	80		80		0			
	Double XL	383	0				255	102		102		0			

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Ale 8	
Coca-Cola	Coca-Cola Classic Syrup (High Fructose Corn Syrup, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine), Quillaia Extract, Yucca Extract
Blue Raspberry	High Fructose Corn Syrup, Filtered Water, Citric Acid, Malic Acid, Yucca Extract, Natural and Artificial Flavors, Quillaia Extract, Sodium Benzoate, Potassium Sorbate, FD&C Blue #1.
Fanta Cherry	CARBONATED WATER, SYRUP (HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, MALIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C RED #40
Mountain Dew	Treated Water, High Fructose Corn Syrup, Orange Juice from Concentrate, Natural Flavors, Citric Acid, Quillaia Extract, Sodium Benzoate (To Protect Freshness, Caffeine, Sodium Citrate, Yucca Extract, Erythorbic Acid, Calcium Disodium EDTA (To Protect Flavor), Yellow FD&C #5, Gum Arabic, Brominated Vegetable Oil.
Faygo Orange Crème	High Fructose Corn Syrup Filtered Water, Citric Acid, Yucca Extract, Purity Gum, Natural and Artificial Flavors, Quillaia Extract, Ascorbic Acid, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), FD&C Yellow #6, Propylene Glycol, Xanthum Gum, Sodium Propionate, FD&C Red #40
Sprite	High Fructose Corn Syrup, Water, Citric Acid, Natural Flavors, Yucca Extract, Quillaia Extract, Sodium Citrate, Sodium Benzoate (To Protect Taste).
Dr. Pepper	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, WATER, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, CAFFEINE, YUCCA EXTRACT, SODIUM BENZOATE (PRESERVATIVE)
Blueberry Lemonade	CARBONATED WATER, SUGAR, FILTERED WATER, CITRIC ACID, LEMON JUICE CONCENTRATE, NATURAL FLAVORS, MALIC ACID, YUCCA EXTRACT, ASCORBIC ACID, QUILLAIA EXTRACT, POTASSIUM SORBATE, SODIUM BENZOATE, MODIFIED FOOD STARCH, SODIUM METABISULFITE, TITANIUM DIOXIDE, PROPYLENE GLYCOL, FD&C RED #40, ANTIFOAM (DIMETHYLSILOXANE), XANTHAN GUM, FD&C BLUE #1
Faygo Grape	WATER, SYRUP(HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, NATURAL AND ARTIFICIAL FLAVORS (FILTERED WATER, GUM ACACIA, NATURAL AND ARTIFICIAL FLAVORS, FD&C RED #40, FD&C BLUE #1, POTASSIUM BENZOATE, CITRIC ACID), CITRIC ACID, YUCCA EXTRACT, QUILLAIA EXTRACT, POTASSIUM SORBATE, SODIUM BENZOATE, SUCRALOSE, FD&C RED #40, FD&C BLUE #1)
Horchata	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, NATURAL AND ARTIFICIAL FLAVORS, VANILLIN, CLOUD (FILTERED WATER, MODIFIED FOOD STARCH, TITANIUM DIOXIDE, PROPYLENE GLYCOL, ANITFORAM (DIMETHYLSILOXANE), XANTHAN GUM, SODIUM BENZOATE, CITRIC ACID), YUCCA EXTRACT, SALT, CARAMEL COLOR, PHOSPHORIC ACID, QUILLAIA EXTRACT, SODIUM BENZOATE, POTASSIUM SORBATE, SUCRALOSE
Jamaica	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, HIBISCUS FLOWER, CITRIC ACID, NATURAL FLAVORS, YUCCA EXTRACT, PHOSPHORIC ACID, YUCCA EXTRACT, QUILLAIA EXTRACT, FD&C RED #40, SODIUM BENZOATE, POTASSIUM SORBATE, CARAMEL COLOR
Pina Colada	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, ARTIFICIAL FLAVOR, QUILLAIA EXTRACT, SODIUM BENZOATE (TO PROTECT TASTE), YUCCA EXTRACT
Faygo Red Pop	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, NATURAL AND ARTIFICIAL FLAVORS (FILTERED WATER, FD&C RED #40, GUM ACACIA, NATURAL AND ARTIFICIAL FLAVORS, POTASSIUM BENZOATE, CITRIC ACID), CITRIC ACID, YUCCA EXTRACT, POTASSIUM SORBATE, QUILLAIA EXTRACT, FD&C RED#40
Vernor's Ginger Ale	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, WATER, CITRIC ACID, QUILLAIA EXTRACT, CARAMEL COLOR, SODIUM BENZOATE (PRESERVATIVE), YUCCA EXTRACT, AND ARTIFICIAL FLAVORS.
Vitamin Water Zero Sugar Gutsy	CARBONATED WATER, DEXTRIN, ERYTHRITOL, GLYCERIN, LESS THAN 0.5% OF: CITRIC ACID, NATURAL FLAVORS, SUCRALOSE, VITAMINS B3, B6 AND B12 (NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, CYANOCAOBALAMIN), QUILLAIA EXTRACT, YUCCA EXTRACT, POTASSIUM BENZOATE AND SODIUM BENZOATE (TO PROTECT TASTE), RED 40, YELLOW 5
White Peach	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, PEAR JUICE CONCENTRATE, MALIC ACID, PROPYLENE GLYCOL, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, XANTHAN GUM, QUILLAIA EXTRACT, TITANIUM DIOXIDE, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C YELLOW #5, YELLOW #6
Banana	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, LACTIC ACID, SODIUM BENZOATE (PRESERVES FRESHNESS), MALIC ACID, NATURAL AND ARTIFICIAL FLAVOR, SODIUM CITRATE, QUILLAIA EXTRACT, YUCCA MOHAVE EXTRACT, CITRIC ACID, YELLOW 5, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR)
Big Red	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, WATER, CITRIC ACID, QUILLAIA EXTRACT, SODIUM BENZOATE (PRESERVATIVE), CAFFEINE, NATURAL AND ARTIFICIAL FLAVORS, RED 40, YUCCA EXTRACT, CARAMEL COLOR
Fanta Blue Raspberry Punch	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, MALIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, ASCORBIC ACID, QUILLAIA EXTRACT, SODIUM BENZOATE, FD&C BLUE #1
Cherry	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, CITRIC ACID, MALIC ACID, YUCCA EXTRACT, NATURAL AND ARTIFICIAL FLAVORS, QUILLAIA EXTRACT, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C RED #40
Lemonade	HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, PEAR JUICE CONCENTRATE, LEMON JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID, SODIUM BENZOATE, POTASSIUM SORBATE, CALCIUM DISODIUM EDTA, FD&C YELLOW #5 CONTAINS: Needs Review
Mountain Dew Major Melon	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, WATER, NATURAL FLAVOR, CITRIC ACID, GUM ARABIC, SODIUM BENZOATE (PRESERVES FRESHNESS), NATURAL FLAVORS, QUILLAIA EXTRACT, CAFFEINE, YUCCA MOHAVE EXTRACT, SODIUM CITRATE, GLYCEROL ESTER OF ROSIN, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), RED #40, POTASSIUM BENZOATE (PRESERVES FRESHNESS), MIXED TRIGLYCERIDES
Pineapple Whip	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, FILTERED WATER, PINEAPPLE JUICE CONCENTRATE, SUGAR, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, PROPYLENE GLYCOL, YUCCA EXTRACT, XANTHAN GUM, QUILLAIA EXTRACT, TITANIUM DIOXIDE, SODIUM BENZOATE, POTASSIUM SORBATE, FD&C YELLOW #5, SUCRALOSE
Faygo Rock and Rye	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, NATURAL FLAVOR, CITRIC ACID, GUM ARABIC, SODIUM BENZOATE (PRESERVES FRESHNESS), QUILLAIA EXTRACT, CAFFEINE, YUCCA MOHAVE EXTRACT, SODIUM CITRATE, GLYCEROL ESTER OF ROSIN, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), POTASSIUM SORBATE, RED #40
Vitamin Water XXX	CARBONATED WATER, HIGH FRUCTOSE CORN SYRUP, LESS THAN 0.5% OF: CITRIC ACID, NATURAL FLAVORS, RED 40, SODIUM BENZOATE (TO PROTECT TASTE), YUCCA EXTRACT, QUILLAIA EXTRACT, VITAMINS B3, B6 AND B12 (NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, CYANOCAOBALAMIN), BLUE 1
Vitamin Water Zero Sugar Squeezed	CARBONATED WATER, DEXTRIN, ERYTHRITOL, GLYCERIN, LESS THAN 0.5% OF: CITRIC ACID, NATURAL FLAVORS, SUCRALOSE, VITAMINS B3, B6 AND B12 (NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE, CYANOCAOBALAMIN), QUILLAIA EXTRACT, YUCCA EXTRACT, POTASSIUM BENZOATE AND SODIUM BENZOATE (TO PROTECT TASTE), RED 40, YELLOW 5

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Mango Lemonade

SUGAR, WATER, CLARIFIED LEMON JUICE CONCENTRATE, CITRIC ACID, SODIUM CITRATE, NATURAL FLAVOR, GUM ARABIC, QUILLAIA EXTRACT, YUCCA MOHAVE EXTRACT, SODIUM BENZOATE (PRESERVES FRESHNESS), GLYCEROL ESTER OF ROSIN, YELLOW 6, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), POTASSIUM BENZOATE (PRESERVES FRESHNESS).